

MARINE AND FAMILY PROGRAMS

www.mccsmiramar.com

MAY 2012

www.mccsmiramar.com

(Dates Are Subject to Change)



Lifestyle Insights, Networking, Knowledge & Skills (L.I.N.K.S.) 858-577-4918/4810

L.I.N.K.S. offers an orientation to the Marine Corps lifestyle, helping Marines and their families understand and adapt to the unique challenges military life often presents. Sessions cover military pay, deployment, base services, moving and much more.

L.I.N.K.S. for Couples	05/05/12	0900-1600	L.I.N.K.S. House, Bldg 2273
L.I.N.K.S. for Kids	05/05/12	0900-1300	Youth Center, Bldg 2700
L.I.N.K.S. for Marines	05/17/12	1200-1630	L.I.N.K.S. House, Bldg 2273
L.I.N.K.S. for Spouses	05/23-24/12	0900-1300	L.I.N.K.S. House, Bldg 2273



Readiness & Deployment Support 858-577-6306/577-7993

Readiness & Deployment Support provides workshops that feature useful and applicable information in a light-hearted and social setting.

Girls on Guard Part 1	05/08/12	1830-2030	Youth Center, Bldg 2700
Girls on Guard Part 2	05/10/12	1830-2030	Youth Center, Bldg 2700
Challenges Into Blessings	Every Wednesday	0900-1100	Conference Room, Bldg 2525
Littlest Hearts Apart	Every Tuesday	1500-1600	Youth Center, Bldg 2700
Little Hearts Apart: Deployment Support Groups For Children	From Mon to Thu	1615-1700	Youth Center, Bldg 2700



Family Readiness Program 858-577-1322

Volunteers who support and assist the unit Family Readiness Program will have definite positions with specific job descriptions and unique training for each position. Family Readiness Volunteer Training provides required training to Family Readiness Assistants and Advisors.



Life Skills 858-577-4473

The goal of the Life Skills program is to provide personal development workshops that promote the well-being of Marines and their families. Workshops cover topics such as Family Life, Individual Enhancement, and Leadership Development.

5 Love Languages	05/16/12	1830-2030	L.I.N.K.S. House, Bldg 2273
4 Lenses Effective Communication	05/17/12	1830-2030	L.I.N.K.S. House, Bldg 2273
4 Lenses for Couples	05/17/12	1100-1300	L.I.N.K.S. House, Bldg 2273



Exceptional Family Member Program (EFMP) 858-577-4668

EFMP assists Active Duty Service Members in managing the demands of a military career and care of a family member with special needs, whether medical, emotional or educational.

EFMP Information Hour	05/04/12	0900-1000	Conference Room, Bldg 2525
EFMP Resource Fair	05/18/12	0800-1600	HUB, Miramar Room

Please Call to Register * Ask about Child Care Option



School Liaison Program 858-577-6633 (www.miramar.usmc.mil/slo/schoolliaison.asp)

School Liaisons provide parents information on local K-12 schools, build relationships between MCAS Miramar and local educational communities, and keep military and school leaders informed on issues affecting school-aged children.

MCCS Coordinators

CPR Certification

CPR Saves Lives. Now you can too! Get CPR Certified for only \$6. For registration call 858-577-6195 or email stacy.brooks@usmc.mil.

Financial Counseling

Stop living paycheck to paycheck and begin saving and investing.

Schedule a free personal financial counseling session with Craig Hughes, Accredited Financial Counselor or start by attending his Creating Financial Freedom Class at the HUB on May 16, 2012.

Schedule by calling 858-577-9802

Youth & Teen Center

Currently accepting registrations for: **Before & After School Care – Youth Sports - Summer Camp**

Registrations start May 14th, 2012. June 2012 Parents Night Out Reservations start Friday,

March 27th for Priority (Deployment Window registered families) and Monday, April 2nd for all registered families. Please call Resource & Referral for more information 858-577-6959

Career Resource Center

Bldg 5305, 858-577-6710

Adecco Staffing Agency	05/02/12	0900-1200
Job Search Strategies	05/02/12	1300-1500
Interview Techniques	05/09/12	1300-1500
Resume Preparation	05/16/12	1300-1500
Fed Jobs & Applications	05/23/12	1300-1500

COUNSELING CENTER

Bldg 2274, 858-577-6585

Fair Fighting	05/02/12	1300-1600
Anger Management Part I	05/03/12	1300-1500
Anger Management Part II	05/10/12	1300-1500
Real Colors	05/14/12	1300-1500
Domestic Violence Awareness	05/16/12	1300-1500
Real Stress I	05/17/12	1300-1500
Real Stress II	05/24/12	1300-1500
Married & Loving It	05/21-25/12	1000-1200
Baby Boot Camp	05/21/12	0845-1600

www.mccsmiramar.com/counseling_center_class_schedule.html