

BREAKFAST NOW AVAILABLE UNTIL NOON ON SUNDAYS.

## See Off with Breakfast

### The Palms Favorites

Make any breakfast healthier by substituting egg whites & fruit instead of potatoes for only 75¢.

### Loco Moco 6.25

An all beef patty topped with a fried egg, smothered in beef gravy served on top of a bed of steamed rice.

### So Cal 5.35

Chorizo & eggs served with refried beans, hash brown potatoes and warm flour tortillas.

### Turkey Chilaquiles 5.25

Roasted turkey, scrambled eggs, salsa verde and tortilla chips topped with cheddar cheese.

### Strawberry Banana Pancakes 4.75

Two fluffy pancakes loaded with strawberries and bananas.

### Eggs and Sausage 4.95

Two fried eggs and savory Portuguese sausage placed over cheesy grits.

## Classics

### Eggs Your Way (three eggs) 5.50; (two eggs) 4.95

Fresh eggs made any style you like, served with hash brown potatoes, toast and your choice of bacon, sausage, or ham steak.

### Create Your Own Omelet 5.99

Start with three farm fresh eggs and add your choice of four of the following ingredients. Hash browns included. Egg white omelet add 75¢

Sausage - Ham - Bacon - Chorizo  
Mushroom - Jalapeños - Spinach  
Tomato - Bell Peppers - Onion  
Olives - Cheddar Cheese  
Swiss Cheese - Jack Cheese

### Short Stack 3.50

Two large fluffy buttermilk pancakes served with three crispy bacon strips.

### Buttermilk Pancakes 4.25

Three large fluffy buttermilk pancakes served with three crispy bacon strips.

### French Toast 5.75

Two slices of thick sourdough bread dipped in a delicious egg batter and grilled to perfection, served with sausage links and maple syrup.

### Biscuits and Gravy 5.35

Two flaky buttermilk biscuits covered in seasoned sausage gravy, served with hash brown potatoes.

### Creamed Chipped Beef on Toast 5.99

Creamed chipped dry aged beef on toast served with two fresh eggs made your way on the side.

### Corn Beef Hash 5.25

Chopped corn beef, onions, peppers and hash brown potatoes served with two large eggs made your way.

### Chicken Fried Steak 6.50

Southern seasoned chicken breast smothered in gravy served with two eggs made your way and hash brown potatoes.

### Steak and Eggs 12.99

A juicy grilled 8 oz. New York steak served along side two large eggs made your way and hash brown potatoes.

### Breakfast Burrito 5.25

A soft flour tortilla stuffed with scrambled eggs, cheddar cheese, hash brown potatoes, peppers, onions, and your choice of chorizo, bacon, or sausage. Served with tangy salsa on the side.

### Big Breakfast Sandwich 5.45

Three eggs made your way, two crispy strips of bacon, a savory ham steak and hash brown potatoes on thick sourdough bread.

### Hot Cereal 3.50

Your choice of oatmeal or grits served with brown sugar, walnuts, raisins and dried cranberries.

### Fruit Plate 3.75

Sliced fresh fruit, berries, and your choice of cottage cheese or yogurt.

## Kids Meals 12 and Under

### Kids Pancakes 1.95

Two fluffy silver dollar pancakes.

### Kids French Toast 1.95

Thick sourdough bread dipped in a delicious egg batter and grilled to perfection. Served with sausage and syrup.

### Kids Plate 2.25

One egg, a crispy strip of bacon & hash brown potatoes.

### Kids Breakfast Burrito 2.25

Egg, bacon, cheddar cheese & hash brown potatoes served with salsa on side.

# The Palms

## RESTAURANT

## Hours of Operation

MONDAY - FRIDAY  
6:00 AM - 6:30PM

SUMMER HOURS  
6:00 AM - 6:30 PM

SATURDAY & SUNDAY  
6:00 AM - DUSK

WINTER HOURS  
6:00 AM - DUSK

Private Event Requests  
(858) 566-4671

Contact & Dining  
Reservations  
(858) 566-4671

## *The Historical Palm Trees*

This restaurant complex took its name from the historical palm trees planted just North of the golf course club house and 3rd MAW Band building on Anderson Avenue. The Palm trees are on the west side of the street, just before the Officers' Club. There is a sign in front of the trees that captures their story....

## MARINES RETURNING FROM THE SOUTH PACIFIC PLANTED THESE PALMS AT MCAS SANTA BARBARA, CA.

Upon Santa Barbara closing in 1946, they were moved to MCAS El Toro where they remained until El Toro's closing in 1996. In 2004 these palms were moved to MCAS Miramar and will remain a solemn remembrance of the courage and valiant call to arms by our Marine brethren over 60 years ago.

## Starters

**Play-A-Round Sampler Platter 9.95**  
Enjoy four of our favorites! Sample our crispy chicken strips, garlic fries, golden onion rings and mozzarella cheese bites.

**Buffalo Drumettes 5.75**  
Eight traditional chicken wings coated in buffalo style wing sauce served with a cool blue cheese dressing, sliced carrots and celery sticks.

**Chicken Strips 7.75**  
Five golden brown chicken strips served either plain or buffalo style.

**Cheese Bites 5.00**  
Mozzarella bites are coated in a simple batter and quickly deep fried to golden perfection. Try dipping them in marinara sauce!

**Skillet Queso 5.25**  
An authentic cheesy beef dip served with crisp corn tortilla chips.

**Calamari 6.50**  
Rings of fresh calamari coated in seasoned breadcrumbs served with a marinara sauce.

**Crab Cakes 6.95**  
Two fried jumbo lump crab cakes served with a zesty sauce that will make your taste buds dance.

**Garlic Cheese Bread 4.99**  
Fresh Focaccia bread smothered with a savory three cheese garlic spread.

**Garlic French Fries 4.00**  
Indulge in our big basket of fries tossed with fresh garlic and parmesan cheese.

**Onion Rings 3.75**  
A generous basket of golden beer battered onion rings served with a tasty ranch dressing.

**Chili Cheese Fries 5.25**  
Made with our signature Five Alarm Chili.

**Cheesy French Fries 4.25**  
Indulge in our big basket of french fries topped with a creamy cheese sauce.

**Soup of the Day**  
Cup: 2.25 Bowl: 3.25  
Made from scratch daily.

**Five Alarm Chili**  
Cup: 3.25 Bowl: 4.99  
Homemade and fire cracker spicy hot.

## Swing Easy with a Sandwich

All sandwiches are served with your choice of french fries, fruit, cottage cheese, or onion rings.

**Miramar Sandwich 7.10**  
A local favorite consisting of moist turkey breast, Swiss cheese, lettuce, tomato and avocado served on sweet dark wheat.


**The Palms Club 7.60**  
A thick slice of fresh roasted turkey topped with crispy bacon, caramelized onions, avocado, lettuce, tomato and spicy aioli served on sourdough bread.

**California Roast Beef 7.35**  
Roast beef, Swiss cheese, mild Ortega chilies served on grilled sourdough.


**Catfish Poboy 7.35**  
Deep-fried southern catfish with tasty Creole sauce served on a hoagie roll.

**Mile High Reuben 7.85**  
Thinly sliced corned beef piled high with sauerkraut on top of fresh marble rye bread and Swiss cheese and Thousand Island dressing.

**Grilled Marinated Steak Sandwich 8.35**  
Tender marinated sliced steak, stacked with grilled onions, and sautéed mushrooms topped with cheddar cheese on a fresh baguette.

 **Grilled Chicken Breast 7.85**  
A seasoned chicken breast grilled to order and served with mozzarella, lettuce and on a bun.

**Chicken Pesto 7.85**  
Grilled diced to order chicken breast, crispy bacon, lettuce and tomato on a fresh baked croissant.

 **Classic Deli Sandwiches**  
All classic sandwiches are made on choice of: white, wheat, marble rye or sourdough with tomato, lettuce, onion and cheese.

Veggie 6.00 - Ham 6.10 - Roast Beef 6.85  
Turkey 6.10 - Tuna 6.85

## Semper Fit Healthier Options

To make your meal lighter and healthier, request:

- Salad dressing on the side (or olive oil and balsamic vinegar)
- No mayonnaise
- Broth-based soup (when available)
- Whole grain bread or rolls
- Skip the cheese
- Side salad or cottage cheese or fruit instead of fries

## Burgers

**The Palms Burger 8.75**  
Our burger starts with a half pound Angus beef patty and is topped with caramelized onions, crispy bacon, avocado, lettuce, tomato, and spicy spread.

**Hamburger 7.25**  
A half pound Angus beef burger topped with fresh lettuce, tomato and onion.  
Add cheese 75¢ - Add bacon 75¢ - Add avocado 1.00

**Mushroom and Swiss Burger 8.35**  
A half pound Angus beef burger topped with sautéed mushrooms and Swiss cheese.

**Big Breakfast Burger 8.35**  
A half pound Angus beef burger topped with a fried egg, crispy bacon and American cheese.

 **Veggie Burger 6.60**  
A grilled vegetable patty topped with roasted red peppers, lettuce, tomato and Mozzarella cheese.

## Pastas

All pastas are served with garlic bread.

**Chicken Fettuccini Alfredo 9.99**  
Grilled chicken, fettuccini and broccoli tossed in a creamy Alfredo sauce.


**Cheese Ravioli Marinara 8.99**  
Ricotta filled pasta cooked in a fresh tomato sauce served with seasonal vegetables.


## Fairway to the Green, Enjoy a Salad

**Steak Salad 8.95**  
Sliced marinated steak served on top of crisp Romaine lettuce tossed with blue cheese, tomatoes and blue cheese dressing.

**Cobb Salad 7.99**  
Garden green topped with turkey, bacon, blue cheese, tomatoes, avocado, onion and a hard-boiled egg.

**Classic Caesar Salad 5.25**  
Fresh chopped Romaine lettuce tossed with crispy croutons Parmesan cheese and Caesar dressing.  
Add Grilled Chicken 3.25 - Add Grilled Salmon 4.25

 **Barbeque Salmon Salad 9.50**  
Grilled salmon filet basted in a tangy homemade BBQ sauce on top of a fresh bed of greens.

 **Field Green Salad 5.45**  
Mixed field greens, tossed with cucumber, fresh tomato, shredded carrot, onion and balsamic vinaigrette dressing.

## Kids Menu

Served with French Fries or Fruit

**Cheeseburger 3.85**


**Macaroni and Cheese 3.75**


**Grilled Cheese Sandwich 3.75**


**Chicken Strips 3.99**



## Sides

Egg 1.00  
Pancakes (2 each) 1.50  
Bacon (2 slices) 1.50  
Sausage Patty (2) 1.75  
Grits 1.25  
Bagel & Cream Cheese 3.00


 Egg Whites 1.25  
Ham Steak 1.95  
Portuguese Sausage 1.99  
Sausage Link (2) 1.50


 Cottage Cheese 1.50  
Potatoes 1.00

 Yogurt 2.00  
Toast 1.25  
English Muffin 1.25  
Pastries 2.25  
Biscuit or Muffin 1.50

 Fruit 1.50  
Cheese 1.25  
 Jalapeños 50¢

## Beverages

Coffee (unlimited refills) 1.99  
 Iced Tea (unlimited refills) 1.99  
Peach Iced Tea (unlimited refills) 1.99  
Lemonade (unlimited refills) 1.99

 Juices 2.49  
Milk 2.19  
Hot Chocolate 2.49  
Fountain Soda (unlimited refills) 1.99

Pepsi

Diet Pepsi

Mountain Dew

Sierra Mist

Root Beer